

JOETTE ROSSI-LUICH, BS

BS EDUCATION / EXERCISE AND HEALTH SCIENCES MINOR : PSYCHOLOGY
UNIVERSITY OF WISCONSIN – MADISON 1977
YOGA STUDIES IN LONDON, ENGLAND AND CHICAGO, ILL.
2016 & 2017 TOP 5 AWARD WINNER "BEST YOGA TEACHER / STUDIO"
SEATTLE'S KING 5 NEWS "BEST OF" WESTERN WASHINGTON

Over 30 years teaching experience.

1976-1980: Elementary School Teacher- Wisconsin Public Schools.

1980-Present: Professional Fitness Instructor: Yoga, Personal Trainer, Sports Conditioning, and Aerobics.

2001-Present: Specialty in seniors 55+ yoga instruction, stress reduction, health and fitness.

Independent contractor teaching classes in several states.

Florida: Brevard Community College, Palm Bay Parks and Rec. Dept.,
Corporate Fitness-Harris Semiconductor, Imperial Courts Fitness Center & 24 Hour Fitness.

Arizona: Mesa International Fitness Centers.

California: 24 Hour Fitness Centers, and Los Gatos Tennis Club.

Washington: Puyallup School District, Multicare Good Samaritan Hospital, Celebrate Seniority,
Pierce College, City of Puyallup Parks & Rec. Dept., Curves,
Spring Valley Montessori School, Western Washington Fair Employees,
Pacific West Health Clubs, Puyallup Athletic Club, Federal Way Athletic Club,
Members of the Puyallup Aquatic Club (PAC), Mentor for Senior Year high school projects.

Personal Yoga Instructor for Olympic Gold Medal Swimmer, Megan Quann.

Yoga Instructor: Organized group classes open to the public; private sessions available to clubs,
organizations, companies, & individuals.

Personal Trainer: Includes strength and flexibility training, sports conditioning, body sculpting,
stress reduction techniques, weight management. Referrals/network with other
health care/fitness professionals.

Senior High School Mentor: Participated in the mentoring program for high school seniors Puyallup,
Rogers, Emerald Ridge, Orting, Sumner High Schools.

Call/text JoEtte at (253) 468-4750 or joette@joettesyoga.com

**“Other instructors teach you to touch your toes;
JoEtte touches your heart.”**